

THE CARLISLE

fresh local seasonal

CAFE

Lunch Mem.

Lunch Hours
Monday to Friday 11 :30am to CIOSE
Sunday Brunch 9am to 2pn

SOUP & SALAD

SOUP OF THE DAY

Ask server for details

4

CAESAR SALAD

Speaks for itself!

Small

6

Large

9

SPRING MIX SALAD-ALL THE FIXIN'S:

With goats cheese, toasted pecans, dried cranberries & red onion, tossed in a sweet and tangy dressing.

Add Chicken 3.00

11

KELLY'S FAV:

Mixed lettuce, julienne carrots, red peppers, peanuts & grilled chicken breast. Served on soft egg noodles with a ginger soya dressing, topped with green onion.

13

GREEK SALAD

Lettuce topped with tomato, cucumber, red onion, black olives, feta & chicken.

13

SANDWICHES

Served with choice of soup, tossed salad, or tries.

*Upgrade to Caesar Salad or Sweet Potato Fries \$2

DAILY SPECIALTY WRAP

Ask your server for details ..

12

THE CARLISLE CLUB

Grilled chicken breast, bacon, provolone cheese, tomatoes, spinach & chipotle mayo. Served on a ciabatta bun.

12

BLACKENED CHICKEN BREAST

Grilled blackened chicken breast with goat cheese, spinach, sun dried tomatoes & chipotle mayo. Served on a ciabatta bun.

12

Grilled chicken breast with roasted red pepper, pesto, provolone cheese on a ciabatta bun.

GROOVY CHICKEN SANDWICH

12

FAVORITES

Served with choice of soup, tossed salad, or fries.
*Upgrade to Caesar Salad or Sweet Potato Fries \$2

PHILLY CHEESE STEAK SANDWICH:

14

50z Rib-eye sauteed with mushrooms, caramelized onions and mozzarella cheese. Served on a crusty garlic buttered Panini.

THE CARLISLE CLASSIC BURGER:

10

60z all beef burger prepared fresh in house, with your choice of garnishes. Served with lettuce, tomato, red onion & pickle.

Garnish choices include: 1.00 item
Bacon, caramelized onion, sauteed mushrooms, roasted red peppers, hot peppers, cheese.

THE CARLISLE VEGGIE BURGER:

12

Homemade falafel patty seasoned with cumin. Dressed with sun dried tomato mayo, roasted red peppers, spinach, goat's cheese & pickles.

CARLISLE FRIES

9

Hand cut fries, bacon crumble, marble cheese, Jalapeno. Green onion, served with Southwest Dip

DESSERTS

In House Selections-
Ask your server

5

FOLLOW US ON FACEBOOK & TWITTER

GREAT SERVICE!

DAILY SPECIALS !

LIVE ENTERTAINMENT!



Please inform server of any food allergies.

259 St Paul St., St. Catharines, ON 289-362-5370